

The causes and impacts of climate change...

The composition of our natural insulating atmosphere is being altered by:
Fossil fuels, landscape changes, cement production, agriculture, refrigerants and H₂O etc.

Global warming of just 1.5°C is the tipping point for significant impacts to society. Temperatures have already risen by 1°C and we have already generated enough carbon to push the temperature to 1.4°C.

Once past +1.5°C we will see more:

Extreme weather, climate refugees, food/water insecurity, floods, drought, mass extinctions, ecosystem collapse, irreversible climate change



In the face of this reality, we need to acknowledge the challenges and harness the opportunities to live and work sustainably:

- ❑ **Businesses:** Can reduce carbon emissions to save money, create resilience, improve reputation and engage staff
- ❑ **Individuals:** Can influence policy, create impactful communities and reduce their household's carbon footprint

IT'S NO LONGER JUST ABOUT REDUCING THE BAD, WE MUST ACTIVELY DO GOOD

Actions we can take include:

THE WAY WE WORK

- Go paperless
- Reduce travel
- Make events sustainable
- Re-use and recycle

THE WAY WE USE SPACES

- Use low energy bulbs
- Switch things off
- Switch to a green energy supplier

THE WAY WE EAT

- Eat local food
- Eat seasonally
- Eat less red meat
- Less packaging
- Reduce food waste

THE WAY WE TRAVEL

- Use public transport
- Reduce air travel
- Use carbon offset schemes
- Walk and cycle

It is important to share our achievements, educate our peers, inspire others and create a movement that can influence and tell a story of positivity, so we have the chance to get involved and create a better future

EASY WAYS TO REDUCE YOUR IMPACT NOW:

Reduce impact of your commute

Offset your footprint

Switch to low energy light bulbs

Get an energy meter

Reduce single-use plastics (e.g. straws)

Buy local food

Lower the impact of your diet

For more information go to www.WeAreAlbert.org or contact albert@bafta.org